



Behaviour Workshop 3

Aims:

Developing emotional resilience in children and the growing world of technology

- This workshop is based on the professional experience, research and evidence-informed practice that underpins school policy
- This is a conversation between adults, not children
- This is not about specific incidents
- It is fine not to agree



Behaviour Workshop 3

Managing the growing world of technology



Developing resilience in children



Behaviour Workshop 1, 2 and 3

Behaviour
Policy

Home-
School
Agreement

Child
Protection &
Safeguarding
Policy

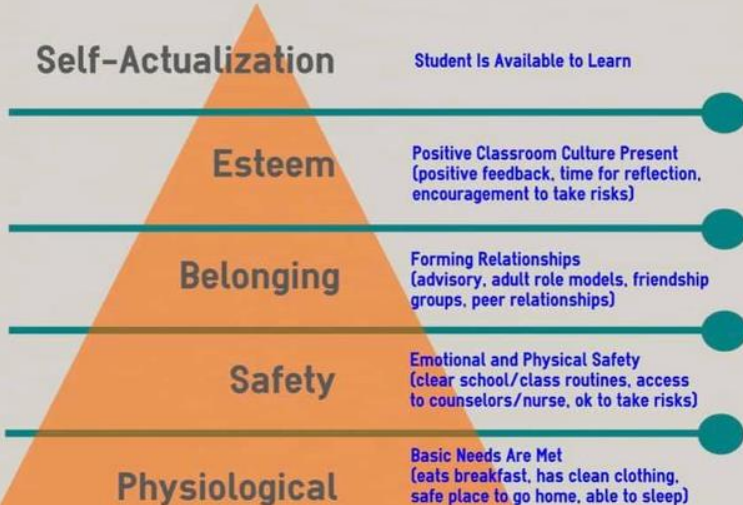


What drives behaviour?



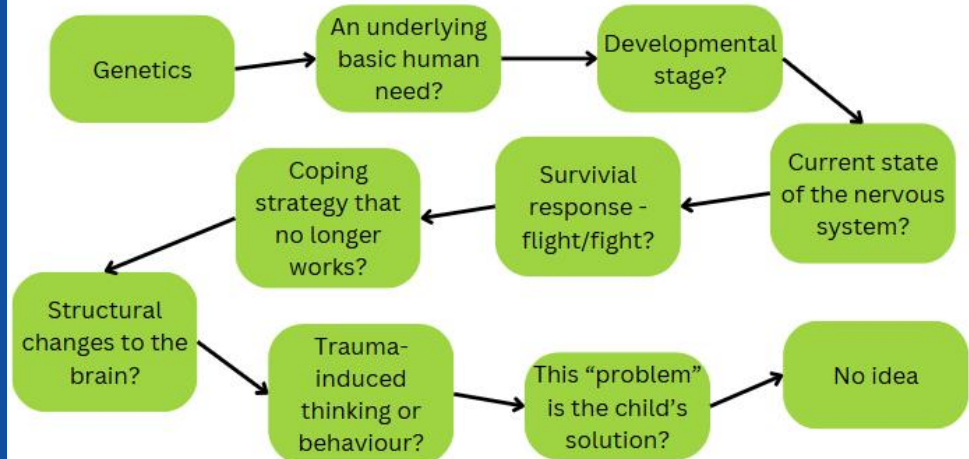
Behaviour Triggers

Maslow's Hierarchy of School Needs



@souditus / Steve Guditius

What lies beneath behaviour?



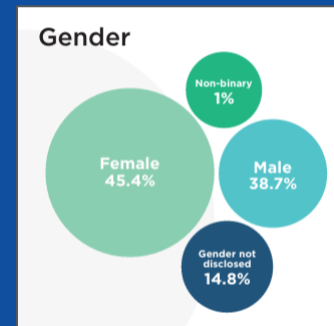
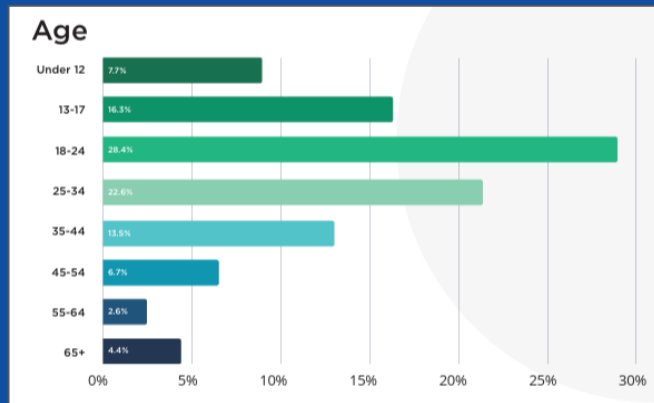


Managing the growing world of technology

Harmful Content Trends 2024 – Southwest Grid for Learning

The South West Grid for Learning (SWGfL) has recently published its Harmful Content Report 2024, commissioned last year. The report reveals a 20.5% year-on-year increase in harmful content cases, with 6,222 reports handled over the past 12 months.

In 86% of cases, harmful content was successfully removed—often within hours—and nearly half were resolved within 24 hours. Notably, 24% of the reports involved children under 18, with a significant number concerning those under 12. The report also highlights that 37% of harmful content was hosted on smaller or less regulated platforms, pointing to a growing risk in these online spaces.





Managing the growing world of technology

Access, sometimes unfiltered and unregulated, to all the information in the world. This can include hate speech, pornography, violence, drug culture and ever-increasing pressure to conform to socially-constructed images and standards.



No access, or significantly limited access, to an environment where decision-making, risk assessment, responsive behaviour management and independence can be learnt and developed.

Imbalance



Managing the growing world of technology

Gary Vaynerchuk (Serial Entrepreneur, Chairman of VaynerX, CEO of VaynerMedia, CEO of VeeFriends & six times New York Times Bestselling Author) stated that there are only two ways to protect the children from the harmful influence of social media:

Direct management of social media and a threshold for when a child is mature enough to manage this influence and a set of clear boundaries on the use of technology.

Build the child's self-esteem and emotional resilience to a point where they are so comfortable in their own skin, and so capable of managing challenges, that they can navigate the world safely.



Direct management of social media and a threshold for when a child is mature enough to manage this influence and set clear boundaries on the use of technology.

Regular
monitoring

Age-appropriate
apps

Personal
responsibility

Time
limitations

Safe
filtering
systems

Digital
etiquette

Do they
need it?



Build the child's self-esteem and emotional resilience to a point where they are so comfortable in their own skin, and so capable of managing challenges, that they can navigate the world safely.

Don't rescue
them and let
them fail

Encourage
safe risks

Make them
accountable

Show them
how to self-
regulate

Stress is good

Don't be
their
friend

Foster healthy
attachments

Set clear
boundaries and
rules

Teach
them what
they can
control

Healthy
habit
stacking



Recommended Reading

