



## Signs and Symptoms of Concussion

Signs of a concussion can appear within a few minutes or hours of a head injury.

It occasionally may not be obvious for a few days, so it's important to look out for any symptoms in the days following a head injury.

All head injuries require a report on Medical Tracker and the issue of a green band.

Symptoms can include:

- a headache that doesn't go away or isn't relieved with painkillers
- dizziness
- feeling sick or vomiting
- feeling stunned, dazed or confused
- memory loss – you may not remember what happened before or after the injury
- clumsiness or trouble with balance
- unusual behaviour – you may become irritated easily or have sudden mood swings
- changes in your vision – such as blurred vision, double vision or "seeing stars"
- being knocked out or struggling to stay awake



## Lingfield Primary School, Protocols for Head Injury

