

Signs and Symptoms of Concussion

Signs of a concussion can appear within a few minutes or hours of a head injury.

It occasionally may not be obvious for a few days, so it's important to look out for any symptoms in the days following a head injury.

All head injuries require a report on Medical Tracker and the issue of a green band.

Symptoms can include:

- a headache that doesn't go away or isn't relieved with painkillers
- dizziness
- feeling sick or vomiting
- feeling stunned, dazed or confused
- memory loss you may not remember what happened before or after the injury
- clumsiness or trouble with balance
- unusual behaviour you may become irritated easily or have sudden mood swings
- changes in your vision such as blurred vision, double vision or "seeing stars"
- being knocked out or struggling to stay awake

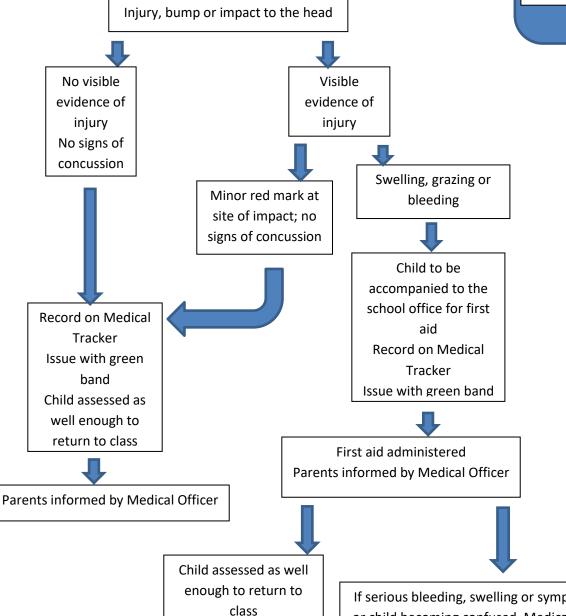


Lingfield Primary School, Protocols for Head Injury

KEY

Member of staff responding to incident

Medical Officer



If serious bleeding, swelling or symptoms of dizziness, vomiting or child becoming confused, Medical Officer to decide if further medical advice necessary and/or child needs to be sent home.

If serious concerns or loss of consciousness. call 999.