YEAR 6 — MEDIUM-TERM OVERVIEW

Term	Topic	In this unit of work, pupils learn...	Quality Assured resources to support planning
	Families and friendships Attraction to others; romantic relationships; civil partnership and marriage PoS Refs: R1, R2, R3, R4, R5, R7	• what it means to be attracted to someone and different kinds of loving relationships • that people who love each other can be of any gender, ethnicity or faith • the difference between gender identity and sexual orientation and everyone's right to be loved • about the qualities of healthy relationships that help individuals flourish • ways in which couples show their love and commitment to one another, including those who are not married or who live apart • what marriage and civil partnership mean e.g. a legal declaration of commitment made by two adults • that people have the right to choose whom they marry or whether to get married • that to force anyone into marriage is illegal • how and where to report forced marriage or ask for help if they are worried	Medway Public Health Directorate Primary RSE PSHE Association – Committed relationships and family life
	Safe relationships Recognising and managing pressure; consent in different situations **ADD IN OBJECTIVES FROM YEAR 5** PoS Refs: R26, R28, R29	• to compare the features of a healthy and unhealthy friendship • about the shared responsibility if someone is put under pressure to do something dangerous and something goes wrong • strategies to respond to pressure from friends including online • how to assess the risk of different online 'challenges' and 'dares' • how to recognise and respond to pressure from others to do something unsafe or that makes them feel worried or uncomfortable • how to get advice and report concerns about personal safety, including online • what consent means and how to seek and give/not give permission in different situations	Thinkuknow Play Like Share PSHE Association - Consent lesson packs Internet Matters - Digital Matters Our Class - Caring Friendships PSHE Association - pick your pics GHLL - Understanding consent PSHE Association – Friendship and bullying The Rez NCA-CEOP Education – Connect NCA – Making the right #CyberChoices PSHE Association – Online financial harms
	Respecting ourselves and others Expressing opinions and respecting other points of view, including discussing topical issues PoS Refs: R30, R34	• about the link between values and behaviour and how to be a positive role model • how to discuss issues respectfully • how to listen to and respect other points of view • how to constructively challenge points of view they disagree with • ways to participate effectively in discussions online and manage conflict or disagreements	Internet Matters - Digital Matters

	Belonging to a community Valuing diversity; challenging discrimination and stereotypes PoS Refs: L8, L9, L10, R21	• what prejudice means • to differentiate between prejudice and discrimination • how to recognise acts of discrimination • strategies to safely respond to and challenge discrimination • how to recognise stereotypes in different contexts and the influence they have on attitudes and understanding of different groups • how stereotypes are perpetuated and how to challenge this	PSHE association Belonging and community: addressing discrimination and extremism Changing Faces - A World of Difference
	Media literacy and Digital resilience Evaluating media sources; sharing things online PoS Refs: H37, L11, L13, L15, L16	• about the benefits of safe internet use e.g. learning, connecting and communicating • how and why images online might be manipulated, altered, or faked • how to recognise when images might have been altered • why people choose to communicate through social media and some of the risks and challenges of doing so • that social media sites have age restrictions and regulations for use • the reasons why some media and online content is not appropriate for children • how online content can be designed to manipulate people's emotions and encourage them to read or share things • about sharing things online, including rules and laws relating to this • how to recognise what is appropriate to share online • how to report inappropriate online content or contact **TAUGHT THROUGH PROJECT EVOLVE**	BBFC - lessons Let's watch a film! Making choices about what to watch City of London Police - Cyber Detectives Internet Matters - Digital Matters National Cyber Security Centre - CyberSprinters PSHE Association - pick your pics Curiosity Library (£) NCA – Making the right #CyberChoices Alan Turing Institute – What is AI? PSHE Association – Online financial harms

	Money and Work	•	about the role that money plays in people's lives, attitudes towards it and what influences decisions about money	PSHE Association and GambleAware – Exploring risk in relation to gambling
	Influences and attitudes to money; money and financial risks	•	about value for money and how to judge if something is value for money	PSHE Association - Money and wellbeing
		•	how companies encourage customers to buy things and why it is important to be a critical consumer	PSHE Association – Online financial harms
	PoS Refs: L18, L22, L23, L24	•	how having or not having money can impact on a person's emotions, health and wellbeing	
		•	about common risks associated with money, including debt, fraud and gambling	
		•	how money can be gained or lost e.g. stolen, through scams or gambling and how these put people at financial risk	
		•	how to get help if they are concerned about gambling or other financial risks	
	Physical health and Mental wellbeing	•	that mental health is just as important as physical health and that both need looking after	Every Mind Matters KS2 Social media, sleep & physical and mental wellbeing
	What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online	•	to recognise that anyone can be affected by mental ill-health and that difficulties can be resolved with help and support	Guardian foundation and National Literacy Trust - NewsWise
		•	how negative experiences such as being bullied or feeling lonely can affect mental wellbeing	Internet Matters - Digital Matters
	PoS Refs: H13, H14, H15, H20, H21, H22, H23, H24	•	positive strategies for managing feelings	Curiosity Library (£)
		•	that there are situations when someone may experience mixed or conflicting feelings	Sure – Breaking Limits
		•	how feelings can often be helpful, whilst recognising that they sometimes need to be overcome	PSHE Association – Change, loss and grief
		•	to recognise that if someone experiences feelings that are not so good (most or all of the time) – help and support is available	PSHE Association – Foundations for Wellbeing mental health curriculum (Year

		• identify where they and others can ask for help and support with mental wellbeing in and outside school		
		• the importance of asking for support from a trusted adult		
		• about the changes that may occur in life including death, and how these can cause conflicting feelings		
		• that changes can mean people experience feelings of loss or grief		
		• about the process of grieving and how grief can be expressed		
		• about strategies that can help someone cope with the feelings associated with change or loss		
		• to identify how to ask for help and support with loss, grief or other aspects of change		
		• how balancing time online with other activities helps to maintain their health and wellbeing		
		• strategies to manage time spent online and foster positive habits e.g. switching phone off at night		
		• what to do and whom to tell if they are frightened or worried about something they have seen online		
	Growing and changing Human reproduction and birth; increasing independence; managing transitions	• to recognise some of the changes as they grow up e.g. increasing independence • about what being more independent might be like, including how it may feel • about the transition to secondary school and how this may affect their feelings • about how relationships may change as they grow up or move to secondary school		Medway Public Health Directorate - Changing and growing up
Summer — Health and wellbeing	PoS Refs: H24, H33, H35, H36 **SEE RHE PLANNING FOR LESSON OUTLINES AND CONTENT**	• practical strategies that can help to manage times of change and transition e.g. practising the bus route to secondary school		Every Mind Matters KS2 - Transition to secondary school NSPCC Talk Relationships
		• identify the links between love, committed relationships and conception		
		• what sexual intercourse is, and how it can be one part of an intimate relationship between consenting adults		
		• how pregnancy occurs i.e. when a sperm meets an egg and the fertilised egg settles into the lining of the womb		
		• that pregnancy can be prevented with contraception		
		• about the responsibilities of being a parent or carer and how having a baby changes someone's life		

Keeping safe	• how to protect personal information online	BBFC - lessons Let's watch a film! Making choices about what to watch
Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media

PoS Refs: H37, H42, H46, H47, H48, H49, H50 | • to identify potential risks of personal information being misused

• strategies for dealing with requests for personal information or images of themselves

• to identify types of images that are appropriate to share with others and those which might not be appropriate

• that images or text can be quickly shared with others, even when only sent to one person, and what the impact of this might be

• what to do if they take, share or come across an image which may upset, hurt or embarrass them or others

• how to report the misuse of personal information or sharing of upsetting content/ images online

• about the different age rating systems for social media, T.V, films, games and online gaming

• why age restrictions are important and how they help people make safe decisions about what to watch, use or play

• about the risks and effects of different drugs

• about the laws relating to drugs common to everyday life and illegal drugs

• to recognise why people choose to use or not use drugs, including nicotine, alcohol and medicines as well as illegal drugs

• about the organisations where people can get help and support concerning drug use

• how to ask for help if they have concerns about drug use

• about mixed messages in the media relating to drug use and how they might influence opinions and decisions | PSHE Association – Drug education City of London Police - Cyber Detectives

PSHE Association - Firework safety Internet Matters - Digital Matters National Cyber Security Centre -

CyberSprinters

PSHE Association - pick your pics

NCA-CEOP Education – Connect

NCA – Making the right #CyberChoices |