

Lingfield Primary School

A Personal Best School



Personal, Social, Health and Education Policy

Date Agreed by Governors	Summer 2025
Review Date	Summer 2027

Aims

At Lingfield Primary School, Personal, Social, Health and Economic education (PSHE) enables our children to become healthy, independent and responsible members of society. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. We provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

Under the new guidance issued by the DfE, in September 2020, Relationships Education at primary school will be compulsory. We believe that, to be effective, RHE should always be taught within a broader PSHE education programme and has its own attached policy. RHE enhances and is enhanced by learning related to topics including anti-bullying; keeping safe on and off line; keeping physically and mentally healthy, learning about drugs, alcohol and tobacco; and the development of skills and attributes such as communication skills, managing peer pressure, risk management, resilience and decision making. (see RHE policy)

The Equality Act 2010 was introduced to ensure protection from discrimination, harassment and victimisation on the grounds of the protected characteristics. As a school, we are committed to promoting equality in every area and celebrating diversity.

The Protected Characteristics

The protected characteristics are:

Age

Disability

Gender reassignment

Marriage/civil partnership

Pregnancy/maternity

Race

Religion/belief

Sex

Sexual orientation

Statutory Requirements

PSHE is a non-statutory subject. However, there are aspects of it we are required to teach.

We must teach relationships education under the [Children and Social Work Act 2017](#), in line with the terms set out in [statutory guidance](#)

We must teach health education under the same statutory guidance

Content and Delivery

What we teach

As stated above, we're required to cover the content for relationships and sex education, and health education, as set out in the statutory guidance (linked to above).

Refer to our relationships and sex education policy for details about what we teach, and how we decide on what to teach, in this subject. This policy is available online on the school website.

The PSHE curriculum is split into:

Health and Wellbeing

Relationships

Living in the Wider World

How we teach it

Our children develop their sense of self-worth by playing a valued role in contributing to school life and the wider community. We encourage discussion, questioning and critical thinking. The children understand the human brain, how we learn and that everyone is unique. Mind Up for Life plays a daily role in learning at Lingfield and allows every individual to deal with success, take risks, manage failure and be resilient.

Some parts of the PSHE curriculum are folded into other parts of our curriculum, or covered as part of our wider school values, such as in assemblies, whole-school events or celebration days.

Year groups incorporate PSHE in many aspects of their curriculum and this may include school trips.

All pupils have access to the PSHE curriculum regardless of ability or special educational needs and/or disability

We approach controversial topics or difficult questions from pupils by providing open dialogue with parents and families and ensuring a high level of professionalism from teaching staff

Parents form a key part of our extended family and are kept up to date with progress in PSHE in reports or as part of parent evenings

Roles and Responsibilities

The Headteacher

The headteacher is responsible for ensuring that PSHE is taught consistently across the school.

Staff

Staff are responsible for:

Delivering PSHE in a sensitive way

Modelling positive attitudes to PSHE

Monitoring progress

Responding to the needs of individual pupils

The subject leader for PSHE is Andrew Winter

Pupils

Pupils are expected to engage fully in PSHE and, when discussing issues related to PSHE, treat others with respect and sensitivity.

PSHE enables our children to become happy, healthy and independent members of a rapidly changing world. It helps them to understand how they are developing both personally and socially; it tackles the moral, social and cultural issues that are all part of growing up. We provide our children with opportunities to learn about rights and responsibilities and to appreciate what it means to be a member of a modern, multicultural society. Positive relationships underpin successful learning; the children at Lingfield Primary School are respectful, tolerant and appreciative of diversity.

Monitoring Arrangements

The delivery of PSHE is monitored by the subject leader through:

- Learning walks
- Pupil conferencing
- Curricular deep dives
- Book scrutiny
- Parent forums

This policy will be reviewed by the subject leader annually. At every review, the policy will be approved by the headteacher.

Links with Other Policies

This policy links to the following policies and procedures:

- RHE policy
- Inclusion policy
- SEN policy
- Safeguarding policy