



Changing childhoods.  
Changing lives.



## Cygnets in Surrey

A 6-session support programme for parents and carers of children and young people, aged 5-18, who are autistic.

### Where is it being delivered?

A mixture of online and in-person courses are taking place across Surrey.

### Who can attend?

Parents, carers or other family members who have responsibility for your child. Your child must be aged between 5-18 and live in Surrey. They may have a diagnosis of autism or be waiting for one.

### What does Cygnets involve?

The programme is delivered over six 2 ½ - 3 hour sessions which include:

- Introductory session
- Overview of autism with parent and carer experience
- Thinking & sensory
- Social interaction & communication
- Understanding & supporting behaviour
- Analysing behaviour

### Who will deliver the course?

Surrey's Cygnets offer is coordinated through the Autism Outreach team but our team of trainers are made up from professionals working across Surrey in education, health and charity organisations.

### Can I ask some questions?

Email us on [parenttraining@freemantles.surrey.sch.uk](mailto:parenttraining@freemantles.surrey.sch.uk)

### How do I join a course?

Please register your interest by completing the electronic expression of interest form (accessed through the below link or by scanning the above QR code). You will then be added to our mailing list and contacted each time new courses are available on TryBooking.

<https://forms.office.com/e/wZ82LGt6rC>



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